



Sweet Pea Yoga Birthday Parties

Sweet Pea Yoga is now offering birthday parties! Celebrate your Sweet Pea's 1st, 2nd, 3rd or 4th birthday with a special Itsy Bitsy Yoga® birthday party!

Choose from a [Tots Yoga Party](#) (almost crawling – 24 months old) or a [Tykes Yoga Party](#) (16 mos. — 4 1/2 year olds). These parties are aimed at making your sweet pea's birthday party a stress-free event.

Sweet Pea Yoga Birthday Locations:

Sweet Pea Yoga Birthday Parties can be booked at yoga studios in **Hopkinton, Marlborough,** and **Westborough, MA**. Please inquire about alternate spaces or locations.

Tots Yoga Party for celebrating your child's 1st birthday!

Guests:

For Babies & Tots who are almost crawling up to 24 months old accompanied by a parent/caregiver.

Cost:

\$90 for up to 5 child/parent guests + birthday child/parent. Extra guests are \$15 per parent/child pair. I can accommodate up to 10 child/parent pairs in the Hopkinton studio, up to 14 parent/child pairs in the Marlborough and Westborough studios.

Length:

The yoga party will run about 50-55 minutes long (depending on arrivals).

Food & Drinks:

At this time, we are happy to accommodate snacks/cake/drinks at the Westborough studio. Though food/drinks are not permitted at the yoga studios in Hopkinton and Marlborough, there are a number of child-friendly restaurants within a very short walk of each studio which would be happy to accommodate a party.

Opening Presents:

For a nominal fee, the studio rental can be extended in 1/2 hour increments to accommodate the opening of presents. Read "Sweet Pea Yoga party extras" for details.

Decorations & Goodie Bags:

Parents are welcome to bring decorations to the studio to dress things up. Parents are welcome to bring goodie bags to the studio and I would be happy to make goodie bag suggestions. Read about Goodie Bag Services in "Sweet Pea Yoga Party Extras"

Invitations:

Sweet Pea Yoga will provide you with a welcome letter to include in your birthday invitations. This letter is personalized to your Sweet Pea's particular birthday (with date, time, location and driving directions) celebration and will let parents who are new to yoga know a little about what to expect in an Itsy Bitsy Yoga class. If you would like to include the insurance waiver in the invitation (to save time before the party) Sweet Pea Yoga is happy to provide the forms for you. Learn about Invitation Design, Mailing and RSVP services in "Sweet Pea Yoga party extras"

Other notes:

A parent-guest may come with more than one child (twin siblings or 2 yoga-age children) but each child must be accompanied by a parent/guardian as these are parent(or caregiver)-child parties.

Booking Your Tots Yoga Party:

Please call Sweet Pea Yoga today to book your Tots Itsy Bitsy Yoga Birthday Party! Parties can be booked during the weekends and are based on studio and instructor availability. A non-refundable deposit of \$50 will book your party. The balance for the party may be paid at the conclusion of the birthday event. Please call (508) 981-3244 or email info@sweetpeayoga.com to inquire about available dates and times for your Tot's Yoga birthday.

"Less is More" Birthday Party Extras

Less work for you allows you to enjoy the party more!

These birthday party extras are designed to help simplify your party planning and make your sweet pea's birthday party a relaxing, fun and memorable experience.

Invitations

Sweet Pea Yoga can create beautiful birthday invitations, include all welcome letter and waiver info and even mail them out to your guests! We can make arrangements to have the party guests RSVP directly to you or we'd be glad to handle and follow up with RSVPs.

- **Invitation Design & Mailing:** \$20 (includes all personalized paper invites and welcome letter design, printing & copying) for up to 10 invitations plus mailing costs.
- **RSVP service:** \$5 for up to 10 invitations.

Opening Presents

The studio rental can be extended in 1/2 hour increments to accommodate the opening of presents. Sweet Pea Yoga will even keep track of the party gifts and who the gift is from so you can relax, enjoy and take pictures of this memorable day. You can leave the gift wrapping cleanup to us.

- **Studio rental extension:** \$20 per 1/2 hour, detailed party gift tracking is free. Please book the studio extension with a minimum of 3-weeks notice as it is dependant on studio and party host availability.

Goodie Bags

Leave the shopping to us! Fun and festive Goodie Bags can be bought and assembled by Sweet Pea Yoga according to budget. Goodie bags may include such gifts as stuffed animals, bubbles, coin purses, foam/simple puzzles, sidewalk chalk, crayons, play-doh, kazoos, stickers, pinwheels (for yoga breathing), decorative reusable cups, picture frames, and more. Food items can be excluded upon request. Food items would be non-candy. All goodie bag items will be assembled with the best and most fun age-appropriate goodies out there. Sweet Pea Yoga aims to find gifts that will get you the most for your money-to find gifts that will stretch your dollar farther but never resorting to "cheap" filler goodies. All shopping will be done outside of the big "party-stores" in order to find the most personalized and affordable goodies available for your budget.

- **Goodie Bag costs:** You set your budget at \$5, \$8 or \$10 per bag.
- **Shopping & Assembly:** \$20 for up to 10 goodie bags (plus Goodie bag budget). Minimum 3 weeks notice.

Yoga Tees make for extra special gifts

Itsy Bitsy Yoga tees are always a memorable thank-you for your guests. With notice, we can provide each guest with an Itsy Bitsy Yoga tee. You can choose from a variety of styles, sizes, logos and budgets. You would receive a birthday discount for a minimum of 6 birthday tees. You could save you up to \$3 off the retail price per tee!

- **T-shirt Cost:** T-shirts with birthday discount are \$11 or \$12/tee depending on the style.

Food & Drinks

Sweet Pea Yoga can book space, confirm the day of the party and even pre-order food at a handful of local child-friendly restaurants. Example, would you like to have a pizza party after the yoga party? Sweet Pea Yoga can make arrangements for your pizza order to be ready for you when you arrive. We can even buy your birthday plates, flatware, cups, napkins to go along with your party. Please note, Sweet Pea Yoga would not be available to host or set up birthday tables at the restaurant.

- **Restaurant arrangements, food order and confirmation:** \$15
- **Special party plates/cup arrangements:** \$15 shopping fee plus party-item costs.